



Arlington Hospital • Arlington Clinic • Gaylord Clinic • Henderson Clinic • Winthrop Clinic • Home Health Care

Welcome New Providers



Sibley Medical Center is pleased to announce the addition of Joseph Sierra, M.D. to the Medical Provider staff. Prior to joining our provider staff, he worked as contracted staff in our emergency room.

Dr. Sierra comes to SMC from Hennepin County Medical Center and the University of Minnesota, where he has been an Assistant Professor of Family Practice. Dr. Sierra began seeing patients in the Arlington clinic and covering the emergency room in August. He has special interest in areas of ambulatory surgery, emergency care, chemical dependency and healthcare for the homeless. Dr. Sierra became a physician because medicine gives him a way to care for, treat and guide people in lifestyle changes that can be incorporated into the life experiences they want and the quality they expect.

Sibley Medical Center's Director of Clinics, Laura Boelter states, "We are excited to bring Dr. Sierra's wealth of knowledge and experience with family practice to our facilities".



Muhamed Durakovic, M.D. will join the Sibley Medical Center provider staff in November.

For nearly 30 years, Dr. Durakovic has enjoyed the diversity of family medicine and the treatment of the whole patient. Dr. Durakovic has a full range of family practice interests, including geriatrics and preventive medicine, however, obstetrics and pediatrics remain his greatest joy to practice. He states, "Medicine has

allowed me to combine my passion in sciences and helping others from an early age and it is a profession that provides me the joy of learning every day".

The study of medicine is important in the Durakovic family as his wife, Azra, is a family physician and both of his children attend medical school. In his spare time, Dr. Durakovic enjoys landscaping, home improvement projects, traveling and spending time with his family.

Sibley Medical Center's Administrator, Rhonda Matz says, "Dr. Durakovic's experience with family practice and focus on obstetrics and gynecology is a wonderful complement to Sibley Medical Center".



Dr. Hopfenspirger, "Dr. H", is a graduate of Creighton University (MD and PhD) and received his undergraduate degree from St. Olaf College. He completed his internship in General Surgery at Hennepin County Medical Center and his residency in Otolaryngology at the University of Minnesota and comes to SMC from Ridgeview Medical Center.

Dr. Hopfenspirger's special interests include medical and surgical diseases of the head and neck, including chronic ear and sinus diseases, and neck cancer. His hobbies are bicycling, running, traveling, concerts and other cultural events.

Otolaryngology, commonly known as ENT, is the branch of medicine that specializes in the diagnosis and treatment of ear, nose, throat, and head & neck disorders. Medical treatments include conditions such as hearing loss, balance, speech disorders, and tumors, among others. Otolaryngologists are medical doctors who complete at least five years of surgical residency training. This is comprised of one year in general surgical training and four years in otolaryngology - head and neck surgery.

Administrator's Corner



A very special thank you and congratulations to those employees featured in the "Over 40" Club. We are fortunate to have staff that dedicates their careers to service at Sibley Medical Center. The relationships built with patients and employees over 40 years are priceless.

As fall approaches we have additions to our provider staff. Dr. Sierra arrived in August and Dr. Durakovic arrives in November. Their skills and experience complement current providers and provide additional choices for our patients. Dr. Hopfenspirger, an ENT physician from Ridgeview, will bring ENT service close to home.

We invite you to attend our evening of breast cancer education and awareness on October 14 at 7:00 P.M.

Enjoy your fall,
Rhonda Matz
Administrator

Cancer Screening: Don't Be Scared



Sibley Medical Center is hosting a Breast Cancer Awareness information session on October 14 at 7:00 P.M. in the SMC Clinic Lobby in Arlington. Katie Phillips, PA-C, will present *Cancer Screening: Don't Be Scared*.

After the presentation, a "Mammo Tour" is available for anyone who wants to see our upgraded mammography machine and talk to our skilled technicians about a screening. Rice Home Medical will be on hand to showcase fashion-forward mastectomy styles and forms. Attendees are encouraged to wear pink to show support of lives that have been impacted by breast cancer. Refreshments will be provided.

FREE Mammograms

It is October, which means it is time to **THINK PINK!** According to the American Cancer Society, **one in every 8 women will get breast cancer.** Sibley Medical Center in conjunction with the Minnesota Department of Health's Sage program offers FREE mammograms to qualifying women 40 and older.



The Sage Screening Program is a comprehensive screening program to increase the proportion of age-appropriate women who are screened for breast and cervical cancer by...

- providing free screening and follow-up services to *uninsured & underinsured* women
- reaching out to women without regular healthcare providers
- educating about screening importance
- raising awareness among health professionals
- developing partners to promote screening

If you are due for a mammogram, call toll free 1-888-6-HEALTH (888-643-2584), to qualify for the Sage Program. Remind your family, friends, and neighbors to schedule their mammograms, it could save a life!

Mammography Receives Accreditation

The American College of Radiology, has accredited mammography at Sibley Medical Center. With the addition of the upgraded mammography machine evaluations were conducted by board-certified physicians and expert medical physicists. They assess the qualification of the personnel and the adequacy of facility equipment.

This certification provides confidence to patients, referring physicians and managed care where only the highest quality care, from staff to equipment, is provided by accredited facilities. Great Job!



Our upgraded mammography machine

Coming Soon...Flu Shots



It's time for flu shots to protect you and your loved ones from this year's flu strain. The influenza season often peaks in January or February and can last until April or May. The protection (immunity) provided by the vaccine lasts about a year.

Flu shots are available in Mid-October, as recommended by the Center for Disease Control (CDC), at each clinic facility. **Make your flu shot appointment with Sibley Medical Center today!** Sibley Medical Center will also sponsor a flu shot clinic for the public (no appointments necessary) November 5th from 2-7 PM at the Arlington Community Center.

Visit us at sibleymedical.org

The Exclusive "Over 40" Club

Workers ages 55 to 64 have been with their current employers a median of 9.3 years, while workers ages 25 to 34 have a median tenure of only 2.9 years.

--Bureau of Labor Statistics, September 2006



Sibley Medical Center is bucking national and industry trends by having 3 employees hit the 40 year milestone and one individual who will hit her "golden anniversary" in November. The changes in healthcare and technology at SMC have been significant from a single hospital to a county wide healthcare system. But some fundamental things haven't changed – patient centered heartfelt care is still a core value of SMC. **Congratulations** to our employees who have achieved this significant career milestone!

Mary Seemann

Mary Seemann celebrates **50 years of employment** in November! She was recruited by Dr. Olson from Gaylord and was lent a white nurse's uniform on her first day. Mary's enthusiasm and commitment to SMC includes volunteering as a SMC Foundation Member and 40 years in the Auxiliary.



She spends her spare time with husband, Don, of 50 years, her children and grandchildren.

Sandy Bergs

Sandy Bergs fulfilled her dream of helping people, working where she was needed and having a flexible schedule by joining Sibley Medical Center in 1964.

Sandy says, "SMC has come a long way, ushering in HIPPA regulations and computer documentation and continues to have a bright future." Sandy, an avid baker and gardener, also loves to spend her vacations at the lake, go fishing and relax with her grandchildren.



John Vener, MD

Dr. Vener recently passed recertification for the American Board of Family Medicine. During 44 years of family practice, he has delivered about 1000 babies, and continues to see patients in Winthrop and Arlington.



Dr. Vener has been instrumental to bringing heartfelt care to our communities. He sees patients with acute problems the same day and he talks to patients all of the time by phone. Dr. Vener states, "I think patients have it good here!"

Ruby Keller

Ruby Keller chose a career in health-care instead of the alternative of becoming a teacher and has worked at the Gaylord Hospital, Arlington Good Samaritan Center and Sibley Medical Center.



Ruby enjoys her work and all of the wonderful staff at Sibley Medical Center. She loves to bowl, sew, read and spends her spare time enjoying life.

Your Neighbors Are Saying . . .

"Thanks to you with your extraordinary excellent care and professional concerns regarding my serious condition. You are remarkable and certainly make a patient "feel good". Tell your doctors, nurses and staff how much I appreciate everyone. Of course, no words can express my deep feelings of gratitude. P.S. I am back on the tractor".

Mary Jane Kohnen (Henderson)

"We love to come here. When we're sick, we feel compassion. When we're well, we feel warmth. When we're not sure, like after Luther fell and we didn't know if Tylenol would help, an appointment was penciled in. When I rate the nurses, Kathy and Mary, I have to use those two as my standard. What a great clinic."

Luther & Joanne Kolstad (Gaylord)

"I admired the care given and the attention and concern given by the staff and especially Dr. Mohammed. Please thank him for me".

Jan Laabs (Hospital)

Have something to say? Feel free to provide feedback regarding your Sibley Medical Center experience on sibleymedical.org

Contact us for an appointment at 888-9-SIBLEY (974-2539)

Primary Care Providers



Dean Bergersen, MD
Family Practice



Assen Chekerdjiev, MD
Internal Medicine



Muhamed Durakovic, MD
Family Practice



Ehtaisham Mohammed, MD
Family Practice



Joseph Sierra, MD
Family Practice



John Vener, MD
Family Practice



Melanee Buckentin, CNP
Family Practice



Cheryl Lindgren, CNP
Family Practice



Katie Phillips, PA-C
Family Practice

Specialty Care Providers



Sandford Anderson, MD, FAAPP
Pediatrics



John Bergseng, DO, FACOS
General Surgery



John Bernhardson, MD
Cardiology



Gerard Busch, DPM
Podiatry



Jean Eelma, MD
Orthopedics



Michael T. Hopfenspirger, MD
Otolaryngology



John Mark Johnson, DO
OB/Gyn



Birendra Kumar, MD
Oncology



Andrew Lundquist, DPM
Podiatric Surgery



Jeffrey Mair, DO
Orthopedics



Sherman Reeves, MD, MPH
Cataract Surgery



Chad Robbins, DO
General Surgery



Chase Sovell, MD
Urology



Ravi Vaela, MD
Pulmonology



See Our Visiting Provider Calendar on sibleymedical.org

NEW Clinic Hours

Arlington Clinic: (507) 964-2271

Monday, Wednesday, Friday	9:00 AM - 5:00 PM
Tuesday	9:00 AM - 7:00 PM
Thursday	8:00 AM - 5:00 PM
Saturday	8:30 AM - 11:30 AM

Gaylord Clinic: (507) 237-5523

Monday, Tuesday, Thursday, Friday	9:00 AM - 5:00 PM
Wednesday	9:00 AM - 7:00 PM

Henderson Clinic: (507) 248-3433

Monday	1:00 PM - 7:00 PM
Wednesday, Friday	9:00 AM - 12:00 PM

Winthrop Clinic: (507) 647-5318

Monday	9:00 AM - 5:00 PM
Tuesday	9:00 AM - 7:00 PM
Wednesday, Thursday, Friday	9:00 AM - 5:00 PM

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