



SIBLEY MEDICAL CENTER & CLINICS



FROM OUR ADMINISTRATOR



I wanted to keep the residents of Sibley County, updated on recent developments.

Sibley Medical Center and Clinics will be recruiting for two new physicians. We are in the process of working with two recruiters to do just that. This will provide more availability of appointments and assistance with emergent coverage. We are excited about the recent Medicare designation in Henderson. The appointments have been growing. The facility recently purchased state of the art Zoll Defibrillators for four areas of the hospital. This will help with easier transfer of cardiac cases. The 4 clinics also have new automatic external defibrillators donated by SMC&C Foundation. The Lab has expanded its refrigeration space which will enable us to perform more tests at a local level with quicker turnaround time on results.

Thank you for having confidence in your community health care system and allowing us to serve you. We want to know how to serve you better and how we can improve our services.

Ken Archer
Administrator

SENIOR "SPRING FLING" EXPO

Seniors! Save the date of Thursday, April 20th for the 2006 Sibley County Senior Expo being held at the Arlington Community Center again this year. Events will include an "Orphan Train" presentation, a comedian and special musical groups. Many informative exhibits and the Faith In Action silent auction will also be a part of the Expo. Advance sale tickets will be available from the Senior Citizen Groups in each Sibley County community as well as other business locations including each Sibley Medical Center & Clinics Site!

SMC&C FOUNDATION

FOUNDATION PROVIDES AED'S FOR CLINICS

Thanks to the generous contribution from the Sibley Medical Center & Clinics Foundation, all four clinic locations are now equipped with new life saving devices known as Automated External Defibrillators (AED's). "One of our missions is to support our health care system in protecting the lives and serving the people of Sibley County", said Louis Woehler, Chairperson of the Sibley Medical Center & Clinics Foundation. With AED's readily available, the clinics are better prepared to deal with sudden cardiac arrest at each location. The proceeds of last year's Foundation Benefit have funded the placement of an AED in each of the clinics located in Arlington, Gaylord, Henderson and Winthrop.



SMC&C Chief of Staff, Dean Bergersen, MD, receives one of four new AEDs from Foundation President, Louis Woehler

SMC&C AUXILIARY EVENT

HATS OFF TO SPRING!
Annual Style Show and Luncheon
Saturday, March 25th at 12:00pm
Arlington Community Center
\$7.00 per person

The SMC&C Auxiliary invites you to put on your favorite hat and come join the fun at their Annual Style Show and Luncheon! The fashion show will feature clothing from Old Navy, The Dress Barn and Catherine's. The beautiful lunch will, as in years past, be prepared by our Auxiliary members. Red Hat Society members from all around the county will be there, too, in all their red and purple regalia - An event you don't want to miss!

A REMINDER FROM THE E.R.



Sibley Medical Center & Clinics request that all patients bring in their medications and/or current list of their medications and doses each time they come to the clinic or emergency room. This includes prescription and over-the-counter medications. To best treat you, it is very important that your doctor know exactly what medications and doses that you are currently taking. Sometimes other doctors may change your medication regimen but your pill bottles do not reflect that change.

It is also important that you bring your medications with you in their original bottles when you come to the emergency room. If you have to stay in the hospital overnight, some of your medications may not be immediately available from our pharmacy. Also, Medicare and private insurances may not pay for your home medications if you are admitted to an observation bed. You would then be billed for these medications.

Sibley Medical Center & Clinics want to thank all of you for helping us with this issue. By working together we can better deliver quality health care.

MEET OUR PROVIDERS

NATIONAL DOCTORS' DAY – MARCH 30, 2006

Sibley Medical Center & Clinics join the nation in thanking and recognizing their dedicated medical providers in celebrating National Doctor's Day, March 30, 2006. SMC&C has a lot to celebrate with our medical staff representing greater than 100 years of serving the healthcare needs of Sibley County and the surrounding area. Years of medical service range from Dr. Moolamalla, the newest addition of our medical staff, who started with SMC&C in August of 2005, to Dr. John Vener who is celebrating his 42nd year of providing medical care in our communities. The other providers range from 1 year to 35+ years of dedicated medical service to our area..



SMC&C Primary Care Providers L to R: Dean Bergersen, MD, Laura Madson, PA-C, Melanee Buckentin, CNP, John Vener, MD, Assen Chekerdjiev, MD, Amy Vint, PA-C, and Surjit Reddy Moolamalla, MD

DEPARTMENT PROFILE: INFORMATION SYSTEMS



The Information Systems department, consisting of 1 full time employee, directs the operation of the Sibley Medical Center & Clinics computer network, telecommunications, software applications, and HIPAA Security. Responsibilities include analyzing information management needs, evaluation of hardware and software, telecommunication implementations, and computer user help support and training. The Information Systems department also designs, implements, and maintains essential network and data security as organizational and federal policies require. The Sibley Medical Center & Clinics computer network includes 5 different locations with 12 servers, 77 workstations, and over 125 users. The Information Systems department is available to assist employees with support and concerns Monday through Friday 8:00 a.m. to 4:00 p.m..

Information Services Manager, David Davis, working on our server

SPECIALIST SERVICES



OR Staff with Dr. Chase Sovell and the equipment technician.
L-R: OR Manager - Jodie Anderson, Kris Mehlhop, Matt Scott, Dr. Sovell, Pam Eccles, Sue Pinske and Paula Timm

Urology/Cryosurgical Ablation

Dr. Chase Sovell has been providing Cryosurgical Ablation of the prostate since October 2005. Cryosurgery to the prostate is performed to treat prostate cancer. The procedure consists of placing 14 needles into the prostate with the use of an ultrasound system. Once the needles are placed, high pressure argon gas is delivered through a computer module and then through the needles. The argon gas freezes the prostate tissue -20 to -40 degrees Celsius. Helium gas is then delivered to warm the prostate. This process is performed several times (freezing and thawing). The freezing process destroys the tissue and cancer in the prostate. According to Dr. Sovell it's like having frostbite to the prostate.

Cryosurgery has its advantages over the other three options available for prostate cancer (Radical surgery, External beam radiation, radioactive implantable seeds) according to Dr. Sovell who states, "Cryosurgery is a great option for men who are not able to tolerate having their prostate removed surgically". Other advantages for Cryosurgery include; the procedure is minimally invasive without a surgical incision; no radiation is involved (side effects of radiation include burns and irritation to the rectum and bladder); and the procedure can be performed multiple times if cancer would reoccur. One of the best benefits is having this procedure done at Sibley Medical Center which is closer to home. Dr. Sovell stated, "We use the exact same equipment and procedure at Sibley Medical Center as they do at Abbott or Mayo and the patient has the comfort of being close to home".

WOMEN'S HEALTH

WOMEN'S HEALTH SEMINAR - APRIL 27, 2006

Sibley Medical Center & Clinics will host a free informational "Women's Health Seminar" focusing on mid-life issues dealing with menopause and other "normal" changes in a woman's life generally occurring between the ages of 40-60. Dr. J. Mark Johnson, Obstetrician/Gynecologist, will give a presentation on this topic and be available for a question and answer session on women's health topics.

The Seminar will be held at Sibley Medical Center & Clinics in Arlington beginning at 7:00 p.m.

CLINIC HOURS

Arlington Clinic:

Monday, Wednesday, Friday	8:00am - 5:00pm
Tuesday & Thursday	7:30am - 6:30pm
Saturday	9:00am - 12:00pm

Gaylord and Winthrop Clinics:

Monday thru Friday	8:00am - 5:00pm
--------------------	-----------------

Henderson Clinic:

Monday	8:00am - 5:00pm
Tuesday thru Friday	8:30am - 4:30pm

OUR MEDICAL STAFF

Arlington Clinic (507-964-2271)

Dean Bergersen, M.D., Family Practice
Assen Chekerdjiev, M.D., Internal Medicine
Surjit Reddy Moolamalla, M.D., Family Practice
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice
Laura Madson, P.A.-C, Family Practice
Amy Vint, P.A.-C, Family Practice

Gaylord Clinic (507-237-5523)

Dean Bergersen, M.D., Family Practice
Surjit Reddy Moolamalla, M.D., Family Practice
Laura Madson, P.A.-C, Family Practice

Henderson Clinic (507-248-3433)

Surjit Reddy Moolamalla, M.D., Family Practice
Amy Vint, P.A.-C, Family Practice

Winthrop Clinic (507-647-5318)

Assen Chekerdjiev, M.D., Internal Medicine
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice

Primary Care Providers



Dean Bergersen, MD
Family Practice



Assen Chekerdjiev, MD
Internal Medicine



Surjit Reddy
Moolamalla, MD
Family Practice



John Vener, MD
Family Practice



Melanee Buckentin, CNP
Family Practice



Laura Madson, PA-C
Family Practice



Amy Vint, PA-C
Family Practice

Specialty Care Providers



Sandford Anderson,
MD, FAAPP
Pediatrics



John Bergseng,
DO, FACOS
General Surgery



John Bernhardson, MD
Cardiology



Gerard Busch, MD
Podiatry



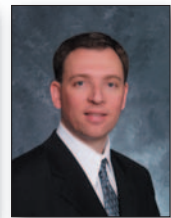
Mark Gregerson, MD
Orthopedics



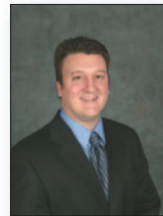
John Mark Johnson, DO
OB/Gyn



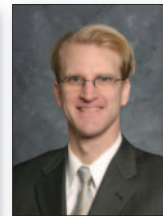
Birendra Kumar, MD
Oncology



Matthew Patterson, MD
Ear, Nose & Throat



Chad Robbins, DO
General Surgery



Chase Sovell, MD
Urology

SIBLEY
MEDICAL
CENTER & CLINICS



P.O. Box 620 • 601 W Chandler Street • Arlington, MN 55307

Non Profit Org.
US. POSTAGE
PAID
Arlington, MN 55307
Permit No. 60

POSTAL PATRON