



FROM OUR ADMINISTRATOR



Greetings!

I would like to take this time to share with you some recent news and developments at SMC&C.

- The SMC&C Foundation recently donated four wheelchairs to our facility. We will be placing these by the entrances and this will give patients and families better access.
- The Auxiliary will be working with us to update a room for Chemotherapy Services. We will be relocating the chemotherapy room to another area on the nursing floor to provide more privacy.
- We are continuing to recruit two new physicians. We are going through the interview and reference processes with our recruiters.
- May is National Health Care Month. Our facility is a buzz with plans to recognize our providers and health-care workers. I want to take the time to thank the employees on the exceptional care they provide each and every day. Their commitment and dedication to the patients we serve is to be commended.
- Recently the Area Agency on Aging have begun to serve their clients out of offices at our Arlington and Gaylord site. We are happy to provide our facilities for the senior citizens of our area as they learn more about the services the Agency has to offer.

Ken Archer

SMC&C SHAPE UP CHALLENGE

What do balanced nutrition, exercise and self-care equate to? **"The Shape-Up Challenge"**.

This spring Sibley Medical Center & Clinic employees are participating in a program offered through Medica insurance that encourages the development of healthy lifestyles. Over 50% of the staff is enthusiastically participating in a friendly competition creating an enhanced sense of interdepartmental teamwork and improved lifestyle decisions.

The staff was randomly selected into teams which not only compete against one another, but with other organizations as well. Participants earn points for choosing healthy lifestyle choices such as eating 5 servings of fruits/vegetables, 30 minutes of exercise, or making time for themselves each day. The intention of the program is to help create awareness and healthy habits that will continue long after the six week program is completed. Watch for the staff around the facility at noon or break time taking in their exercise walk munching on an apple or carrot stick. Very likely they are competing in the SMC&C Shape-Up Challenge.



Just a few of the SMC&C employees participating in the Shape-Up Challenge!

NEW IN THE E.R.

Sibley Medical Center & Clinics ER now has yet another "state of the art" piece of equipment called a Bi-Pap machine. It assists patients who are having trouble breathing due to an uncontrollable asthma attack, congestive heart failure or chronic obstructive pulmonary disease.

Patients who are placed on this machine may need it for only a few hours or for 2 to 3 days. It is a non-invasive piece of equipment that suppresses the need for immediate intubation and allows the patient to stay at our local hospital versus being sent to a larger hospital where a ventilator would be utilized.

The patient is fitted with either a full face mask or just a partial mask depending upon facial structure, denture status and the comfort level of the patient. Claustrophobia can be managed by administering an anti-anxiety medication if the patient has a concern about wearing something over their nose and mouth.

The Bi-Pap has been required for several patient cases since it was purchased in January.



Barb & Michelle feature our new Bi-Pap Machine

MEET OUR PROVIDERS



Laura Madson, P.A.-C.

Family Practice

Laura Madson received her Bachelor of Science Degree from the University of Minnesota and her Bachelor of Medical Science and Physician Assistant Studies at Northwestern University, Downer's Grove, IL.

Physician Assistant, Laura Madson, was attracted to Sibley Medical Center & Clinics by the small town atmosphere where she would have the opportunity to know her patients and the community. Laura joined the medical profession to make a difference in the lives of others and continues to serve our community's health problems and promote health education. Her main areas of interest are women's, children's and adolescent's health care.

Laura is certified by the National Commission on Certification of Physician Assistants and is a member of the American Academy of Physician Assistants and the Minnesota Academy of Physician Assistants.

In her free time Laura enjoys camping, swimming, reading and traveling.

Laura has been with Sibley Medical Center & Clinics for two years and sees patients at our Arlington and Gaylord sites.

DEPARTMENT PROFILE: DISCHARGE PLANNING



Discharge planning begins as soon as a patient is admitted to Sibley Medical Center & Clinics. We start by assessing the needs of the patient and create a plan of care that is as individual as each patient we serve. Together with a team of health care providers including doctors, nurses, dietary, home care, physical therapy, occupational therapy as well as the patient and family members we come up a plan to best meet the needs of each patient. At the time of discharge some patients may need to continue with Home Care or Out Patient Physical Therapy. We may assist with medical equipment set up such as home oxygen, walkers or wheel chairs, just to name a few. Some patients may need assisted living or nursing home placement. What ever the needs of our patients, the staff at SMC&C are well-trained to assist in making the transition from inpatient to home or the next level of care as smooth as possible. The safety and well being of our patients is always our first priority!

Robin Ockerman, Discharge Planner for Sibley Medical Center

AVADA AUDIOLOGY

Avada Audiology & Hearing Care has been providing hearing care services at Sibley Medical Center & Clinics (and previously at the Arlington Clinic) for over 12 years. Avada's audiologist, Erik Raml, currently provides complimentary hearing screenings and complete hearing evaluations on the 2nd and 4th Tuesday of every month. The company also provides hearing instrument fittings for those who are in need of hearing help.

This year Avada celebrates 18 years of service in Minnesota. The company was founded in 1988 by James Neve, Avada's President, with the mission of being a leader in providing top quality hearing care. James Neve served Sibley County residents at the Arlington Clinic in the early years. His son Joseph Neve, the Company's Director of Audiology & Patient Care, has also represented Avada at the Sibley Medical Clinic.

Avada has over 30 locations in Minnesota, including locations in Shakopee, Waconia, Hutchinson and Litchfield. In addition to providing diagnostic hearing evaluations and rehabilitative assistance to people with hearing loss, Avada also provides a complete battery of vestibular testing and rehabilitative therapy for people suffering from dizziness and balance disorders, and counseling and assistance for people with tinnitus disorders.

Avada's staff is comprised of Minnesota licensed audiologists and certified hearing instrument practitioners. Everyone within the Avada organization is committed to providing top quality service. Avada Audiology & Hearing Care is part of a national hearing care company practicing in 17 states.

To schedule an appointment for a complimentary hearing screening with Avada's Erik Raml at SMC&C, please call 800-313-6493.

OUR MEDICAL STAFF

Arlington Clinic (507-964-2271)

Dean Bergersen, M.D., Family Practice
Assen Chekerdjiev, M.D., Internal Medicine
Surjit Reddy Moolamalla, M.D., Family Practice
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice
Laura Madson, P.A.-C, Family Practice
Amy Vint, P.A.-C, Family Practice

VISITING SPECIALIST



Erik Raml, MA, CCC-A

Audiologist

Erik Raml received his undergraduate and Masters degree in Audiology at the University of South Dakota in 2003. He has worked with Avada Audiology and Hearing Care since 2004 and has received training and specializes in the fitting of hearing aids, aural rehabilitation, and counseling on all aspects of hearing loss.

Erik is a member of the American Speech, Language and Hearing Association and has his Certificate of Clinical Competence in Audiology. Erik states, "Many individuals with hearing loss don't realize how much they are missing each day, and that in most cases hearing aids can really improve the quality of their lives." Erik loves working with individuals with hearing loss and concluded, "It is extremely rewarding when you are able to help someone hear better and enjoy activities again that had become very frustrating for them because of

CLINIC HOURS

Arlington Clinic:

Monday, Wednesday, Friday	8:00am - 5:00pm
Tuesday & Thursday	7:30am - 7:00pm
Saturday	9:00am - 12:00pm

Gaylord and Winthrop Clinics:

Monday thru Friday	8:00am - 5:00pm
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Henderson Clinic:

Monday	8:00am - 7:00pm
Tuesday thru Friday	8:30am - 4:30pm

Gaylord Clinic (507-237-5523)

Dean Bergersen, M.D., Family Practice
Surjit Reddy Moolamalla, M.D., Family Practice
Laura Madson, P.A.-C, Family Practice

Henderson Clinic (507-248-3433)

Surjit Reddy Moolamalla, M.D., Family Practice
Amy Vint, P.A.-C, Family Practice

Winthrop Clinic (507-647-5318)

Assen Chekerdjiev, M.D., Internal Medicine
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice

Primary Care Providers



Dean Bergersen, MD
Family Practice



Assen Chekerdjiev, MD
Internal Medicine



Surjit Reddy
Moolamalla, MD
Family Practice



John Vener, MD
Family Practice



Melanee Buckentin, CNP
Family Practice



Laura Madson, PA-C
Family Practice



Amy Vint, PA-C
Family Practice

Specialty Care Providers



Sandford Anderson,
MD, FAAPP
Pediatrics



John Bergseng,
DO, FACOS
General Surgery



John Bernhardson, MD
Cardiology



Gerard Busch, MD
Podiatry



Mark Gregerson, MD
Orthopedics



John Mark Johnson, DO
OB/Gyn



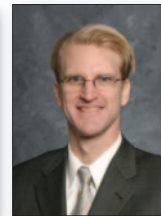
Birendra Kumar, MD
Oncology



Erik Raml, CCC-A
Audiology



Chad Robbins, DO
General Surgery



Chase Sovell, MD
Urology

SIBLEY
MEDICAL
CENTER & CLINICS



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