



SIBLEY
MEDICAL
CENTER & CLINICS



MEET OUR NEW DIRECTOR OF NURSING SERVICES



Hi, Everyone

My name is Sandy Domeier and I am privileged to be the new Director of Nursing Services here at Sibley Medical Center. I am excited to be able to be back into the hospital setting and help to provide quality care to the patients of Sibley Medical Center.

I originally come from Sleepy Eye, Minnesota and have 20 years of hospital nursing experience at the Sleepy Eye Hospital. I also worked as assistant director of nurses at Sleepy Eye Care Center and before coming to SMC&C, I was the director of nurses at Gaylord Lakeview Home.

I was fortunate to move to this area last winter and now live on a farm south of Gaylord with my partner, Dave. I have four grown children who live in the Sleepy Eye area and five grandchildren. Life is busy at the Domeier farm hosting many visitors and continuing to beautify the yard and buildings.

Feel free to stop by and say Hi. If you ever have any suggestions or concerns, my door is always open. I have been fortunate to meet many new residents of the area and have many new friends. I would enjoy getting to know more people from this area and there is always room for more friends!

Sincerely,
Sandy Domeier

FLU PREVENTION

With cold weather on the way, you can count on the flu to make an appearance. Fortunately, getting a flu vaccination now is your best shot at preventing the flu this year. Did you know that every year in the United States, on average:

- 5% to 20% of the population gets the flu;
- more than 200,000 people are hospitalized with flu complications, and,
- about 36,000 people die each year.

In general, anyone who wants a flu shot can be vaccinated. Certain people are at greater risk and should get vaccinated every year. Among those the Center for Disease Control and Prevention recommends for an annual flu shot are:

- People 50 years of age and older.
- Residents of nursing homes and other long-term care facilities.
- Adults and children who have chronic heart or lung diseases.
- Women who will be pregnant during flu season.

We, at SMC&C, invite you to take an active role in reducing the incidence of flu in your workplace, school and/or daycare by:

- Getting a flu shot.
- Stay home if you're sick.
- Cover your coughs and sneezes with a tissue or cloth.
- Wash your hands often!



Our clinic nurse, Sheri, gives patient, Jeanne, her annual flu shot

A SEMINAR FOR WOMEN

Sibley Medical Center & Clinics in association with Rice Home Medical presents:



A Bump in the Road

Tuesday, October 24th
7:00 p.m.

Sibley Medical Clinic in Arlington
601 W Chandler Street
507-964-2271

Guest Speakers:



Dean Bergersen, MD
Family Practice



Birendra Kumar, MD
Oncology

and Rice Memorial Home Medical

Join us for a Women's Health Night focused on women's health maintenance and the prevention of, dealing with and the treatment of Breast Cancer. Refreshments and door prizes will be available.

Topics Include:

- Health maintenance screening and current recommendations to include breast health.
- Options patients have when it comes to treatment of cancer.
- Information on Breast Mastectomy Products presented by Rice Home Medical.

We look forward to seeing you there!

MEET OUR PROVIDERS



John M. Vener, MD Family Practice

Dr. Vener graduated from St. Thomas University in St. Paul and then the University of Minnesota Medical School in Minneapolis. He is on the Board of Directors for the Minnesota Rural Aids Action Network and was the elected Sibley County

Coroner for many years.

Dr. Vener has been practicing in Sibley County since July of 1964. He recently celebrated 40 years of Emergency Coverage at our hospital. He enjoys the full range of Family practice as well as doing FAA flight physicals for private and commercial pilots as well as several major airlines.

In his free time Dr. Vener enjoys culinary arts, playing the flute as well as the piano, and Oenology (the study of wine).

SMC&C FLU CLINICS

Monday, Oct. 23rd	9am-4pm	Gaylord Clinic
Wednesday, Oct. 25th	9am-4pm	Arlington Clinic
Thursday, Oct. 26th	9am-12pm	Winthrop Clinic
Friday, Oct. 27th	2pm-4pm	Henderson Clinic
Monday, Oct. 30th	9am-4pm	Arlington Clinic
Wednesday, Nov. 1st	9am-4pm	Gaylord Clinic
Friday, Nov. 3rd	10am-4pm	Winthrop Clinic

DEPARTMENT PROFILE: CLINIC ADMISSIONS/RECEPTION



October has a week dedicated to customer service, which for us, naturally brought to mind our "Front Desk Superstars". We, at Sibley Medical Center & Clinics, are very fortunate to have such a wonderful, knowledgeable staff at our front desks. Between our four clinics we have a variety of professional medical backgrounds such as an RN, LPNs, Medical Assistants and Medical Secretaries ensuring you quality care from the very beginning of your visit, whether on the phone or in person.

Our quarterly surveys often come back to us with comments such as "very friendly", "they make me feel like family", "they always go the extra mile". We truly have an exceptional admission/reception staff and look forward to you meeting them, if you haven't already!

L to R - Back Row: Pam, Jennifer & Tracy. Front Row: Benita, Joy, Terri & Tove.

BREAST CANCER MONTH

It's that time of the year again! October is here and so is National Breast Cancer Awareness month! We want to take this time to remind everyone how important it is to have a yearly mammogram. During the month of October, we are offering screening mammograms at a discounted rate of \$55, plus reading fees. Call 507-964-8411 for more information, and to schedule your appointment. This is a great deal! Tell your Mom, Sister, or best friend to schedule one too!

Another important program offered at Sibley Medical Center and Clinics is the SAGE program. This is a program that offers free and reduced cost Mammograms to women 40 and over who meet set income guidelines. If you have Medicare, MinnesotaCare or Medical Assistance you may still be eligible. Many people qualify for this program,



Our Mammography girls: Heather & Heather!

but just don't know about it. You can call the front desk at any clinic for more information; or ask your Nurse or Physician during your next appointment.

We care about your health! Give us a call and let's see what we can do for you!

INFECTION CONTROL



October 16-22 is International Infection Prevention Week. This gives us the opportunity to spotlight SMC&C's Infection Control Nurse, Kris Mehlhop, RN, and the little known, but vital, department she is in charge of. Kris works hard to educate our staff about disease control, blood-borne pathogen awareness, and measures to keep nosocomial (hospital-associated) infections from taking root.

Kris has also been working closely with the Minnesota Department of Health through a grant from Homeland Security in Emergency Preparedness and the planning and preparation for a potential H5N1 "bird flu" pandemic.

As the "flu" and cold season approaches, remember that scientific evidence has proven that improved health practices, such as covering your cough and proper hand-washing are important for everyone in the control of illness and infections. Hand washing can significantly reduce the spread of infections, especially staphylococcal and multi-drug resistant organisms, which when infected with, are a threat to everyone.

OUR MEDICAL STAFF

Arlington Clinic (507-964-2271)

Dean Bergersen, M.D., Family Practice
Assen Chekerdjiev, M.D., Internal Medicine
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice
Laura Madson, P.A.-C, Family Practice
Amy Vint, P.A.-C, Family Practice

Gaylord Clinic (507-237-5523)

Dean Bergersen, M.D., Family Practice
Laura Madson, P.A.-C, Family Practice

Henderson Clinic (507-248-3433)

Dean Bergersen, M.D., Family Practice
Amy Vint, P.A.-C, Family Practice

Winthrop Clinic (507-647-5318)

Assen Chekerdjiev, M.D., Internal Medicine
John Vener, M.D., Family Practice
Melanee Buckentin, C.N.P., Family Practice

Primary Care Providers



Dean Bergersen, MD
Family Practice



Assen Chekerdjiev, MD
Internal Medicine



John Vener, MD
Family Practice



Melanee Buckentin, CNP
Family Practice



Laura Madson, PA-C
Family Practice



Amy Vint, PA-C
Family Practice

Specialty Care Providers



Sandford Anderson, MD, FAAPP
Pediatrics



John Bergseng, DO, FACOS
General Surgery



John Bernhardson, MD
Cardiology



Gerard Busch, MD
Podiatry



Mark Gregerson, MD
Orthopedics



John Mark Johnson, DO
OB/Gyn



Birendra Kumar, MD
Oncology



Chad Robbins, DO
General Surgery



Chase Sovell, MD
Urology

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