



Arlington Hospital • Arlington Clinic • Gaylord Clinic • Henderson Clinic • Winthrop Clinic • Home Health Care

Our Mission

"Sibley Medical Center is dedicated to providing health care services of outstanding quality, caring for our patients with respect and compassion, and improving the health of the individuals we serve."

Our Vision

The Sibley Medical Center will be a proactive, integral part of the community which looks to it for its health needs. Our vision includes utilizing resources in a manner that will ensure future viability for health care services in Sibley County. The hospital, in conjunction with the local physicians, will work as a dedicated team to provide a caring and compassionate environment for the communities it serves by:

- Providing primary care services.
- Developing a community centered approach.
- Expanding and enhancing the concept of health care and its delivery locally.
- Advocating partnerships with health related services and activities in the area.
- Facilitating access to services not provided locally.

Ice Cream Social

Mark Your Calendars!



The Sibley Medical Foundation will hold its annual Ice Cream Social Wednesday, August 19th from 5-8 p.m. in Arlington's Memorial Park. Don't miss an evening of family fun, food and entertainment!

Cancer Care at SMC



Ken Marshall & Joyce Morreim, RN

Sibley Medical Center is fortunate to have Dr. Kumar, oncologist/hematologist, in our outpatient clinic two days a month. Our hospital provides chemotherapy and other infusions not only for Dr. Kumar but for other people in our communities who wish to stay closer to home.

Ken Marshall's oncologist is from the Mayo Clinic and he uses our chemotherapy/infusion department for injections, laboratory blood draws and infusions. "I have been using the services offered at Sibley Medical Center for several months. This department has done a wonderful job of meeting my needs for chemotherapy and all follow up treatment. Joyce takes a real interest in her patients and is always caring and helpful with

all our concerns."

If you would like to learn more about the services we offer, call Joyce Morreim at 507.964.8446

Relay For Life



Join Sibley Medical Center and many other teams from Sibley County at the Relay For Life event at Gaylord City Park! The event begins at 3:00 p.m. on June 19th and ends at 3:00 a.m. on June 20th.

One of the highlights of the Relay for Life each year is the walking path lit with luminarias. You may purchase luminarias at the SMC clinics or in several businesses in your community for \$10 in honor or memory of a loved

one that has battled cancer.

The SMC Ribbon Cutters will be selling food and beverages as well as ribbon necklaces throughout the occasion. Purchase a necklace and each time you walk around the track you can add a different color bead signifying the numerous kinds of cancer. You can even try your chance at winning a handmade quilt.

Help us support the Relay for Life and their goal to **celebrate** the survivors, **remember** loved ones lost, and **fight back** to put an end to cancer.



Laura Boelter, Paula Timm, Brean Kleist, Nicki Brenke, Kathy Eggersgluess, Brenda Thomes, Katie Eggersgluess, Elizabeth Burandt, Barb Haefs, Bonnie Walker, Joyce Morreim, Emily Rand, Jane Scharpe, Not Pictured, Dr. Sierra & Lynn Majeski

Administrator's Corner



Summer has arrived and doesn't it feel wonderful!

The news is buzzing with information about the coming government changes in the healthcare industry relating to the budget, information technology, and quality reporting. These changes affect both our patients and Sibley Medical Center as a facility.

The loss of jobs and insurance coverage creates a challenge for patients paying medical bills. At SMC we offer a Financial Assistance package that is available to patients who qualify based on income guidelines. We encourage anyone struggling to pay their medical bill to contact our business office for more information. We are here to help in any way we can.

SMC's financial margins will be negatively affected with the cuts in the government programs, increased bad debt, and lower return on our investments. There may be some positive opportunities for us to receive additional funding for electronic medical records and meeting the quality reporting requirements will be easier with the data available through the electronic medical record.

We are all going to be experiencing changes in the next few years. The future of healthcare may change but at SMC some things will not change - heartfelt quality care, close to home.

Have a safe and enjoyable summer,
Rhonda Matz
Administrator

Welcome Kevin Sullivan



SMC is happy to announce the addition of Kevin Sullivan to our team. Kevin has been a paramedic for many years and has much experience to share. He has a background in education that complements his duties as city ambulance manager and will be able to offer

assistance with training to area ambulance staff as needed.

Kevin is spending some of his time in the hospital assisting with care of patients in the Emergency Room (ER) and enhancing Emergency Preparedness activities. Kevin is also an instructor for advanced cardiac and pediatric life support certification for nurses and physicians. He will be teaming with our education department to hold classes at the hospital periodically to keep our staff current and ready to respond to emergent situations and deliver evidence based care for the patients of SMC.

Other areas of focus for Kevin are community education and coordination of paramedic/EMS services. Kevin is currently recruiting new EMTs and additional paramedics. The goal for the ambulance is to have part-time advanced life support service to provide early high level care to patients before they arrive in the ER. Early interventions of ALS (paramedic) assessment, immediate EKG and IV medication before arriving at the hospital has been associated with better outcomes for patients.

If you are interested in becoming an EMT, please call Kevin at 507-964-2378 Ext. 232 and he will be happy to assist you on your path to a rewarding career.

Plan Early for Required School Physical Exams

It is not too early to make plans for the next school season. Don't wait until the last minute to schedule time for your student's physical examinations.

The Minnesota State High School League requires a medical clearance every three years for all students participating in any Minnesota school districts' athletic and co-curricular programs. Generally this would be for students entering 7th and 10th grades.

And don't forget the students entering college in the fall. Are they caught up on all their recommended vaccinations?

Sibley Medical Center is available and has the forms necessary for the physical exams needed. Beat the late summer rush and get your student in for their exam early. Contact any of our clinics in Arlington, Gaylord, Henderson or Winthrop to schedule your exam.

Adults, Got Your Shots?

Shots aren't just for kids! The following vaccinations are recommended for adults:

Td (Tetanus/diphtheria) OR Tdap (Tetanus/Diphtheria/Pertussis)

- All adults should get a booster dose of Td every 10 years.
- Adults under age 65 who have never gotten Tdap should substitute this for their next booster. This is especially important for those who have close contact with infants under the age of 12 months (including women who may become pregnant) and healthcare workers. Waiting at least 2 years since the last dose of Td is suggested, but not required.

Influenza

- Recommended annually for all adults over age 50 and any adult with a chronic illness.

Pneumovax vaccine (the "pneumonia shot")

- Recommended for any adult with a chronic disease and all adults over age 65.

Zoster vaccine (the "shingles shot")

- Recommended for all adults age 60 and over. Adults with chronic diseases may need one sooner.

HPV series

- Recommended for females 26 years old and younger.



Morris Messenbring & Ruby Keller, LPN

MMR (Measles/Mumps/Rubella)

- Recommended for adults born after 1957 unless immunity is certain. Two doses, 4 weeks apart, are recommended for college students not previously immunized.

Consultanting Specialist

Dr. Chase Sovell Urologist



he finished his residency in urologic surgery.

A Minnesota native, Dr. Sovell traveled east twice for his education; once to Bates College in Maine where he received undergraduate degrees in history and biology, and then again to the George Washington University in Washington DC, where

Dr. Sovell has experience in all areas of urology with special interest in kidney, prostate, and bladder cancers. He has unique experience in Laparoscopic Surgery with training in Robotic Surgery. He has special interest in minimally invasive management of kidney stones and renal tumors. Dr. Sovell is a graduate of the University of Minnesota Medical School.

A Heartfelt Thank You!

The Sibley Medical Center Foundation would like to extend our heartfelt gratitude for your contribution to the success of our annual benefit and variety show. Your contribution of time, talents or donations was very generous and we want you to know your support was very much appreciated. We couldn't have done it without you!

Because of your generosity we were able to raise over \$10,000 to go towards refurbishing our hospital patient rooms!

Your Neighbors Are Saying . . .

Dear Sibley Medical Center and Clinics,
I am honored to write you and let you know how much I appreciate the work you do. I have been a patient at the Henderson Clinic for the past two years. Your staff has been great. From the receptionists to the care providers, the service has been beyond my expectations. They are punctual, concerned, thorough, kind and committed to providing the best care possible. Katie Phillips has gone our of her way to check up on some issues I have been facing, calling back to make sure that symptoms were taken care of. She consults with others when the need arises and always lets the patient know that she is concerned. I appreciate her knowledge and wisdom when it comes to patient care.

Over the past year I have had two surgeries and multiple tests run at the hospital. SMC has the finest staff I have dealt with. The receptionists, surgical staff, anesthetists, and the nursing staff were kind, caring, thorough and humorous, all while in a small hospital setting where I became more than a number. They treated me with respect and I maintained my dignity though some less than dignified tests. I have recommended your facility to everyone I know and will continue to spread your praises.

Thank you for making medical care a personalized experience with committed staff. Everyone should experience the care you give.

Sincerely, *Dee Thomas*

Contact us for an appointment at 888-9-SIBLEY (974-2539)

Primary Care Providers



Dean Bergersen, MD
Family Practice



Assen Chekerdjiev, MD
Internal Medicine



Muhamed Durakovic, MD
Family Practice



Ehtaisham Mohammed, MD
Family Practice



Joseph Sierra, MD
Family Practice



John Vener, MD
Family Practice



Melanee Buckentin, CNP
Family Practice



Cheryl Lindgren, CNP
Family Practice



Katie Phillips, PA-C
Family Practice

Specialty Care Providers



Sandford Anderson, MD, FAAPP
Pediatrics



John Bergseng, DO, FACOS
General Surgery



John Bernhardson, MD
Cardiology



Gerard Busch, DPM
Podiatry



Jean Eelma, MD
Orthopedics



Michael T. Hopfenspirger, MD
Otolaryngology



John Mark Johnson, DO
OB/Gyn



Birendra Kumar, MD
Oncology



Andrew Lundquist, DPM
Podiatric Surgery



Jeffrey Mair, DO
Orthopedics



Sherman Reeves, MD, MPH
Cataract Surgery



Chad Robbins, DO
General Surgery



Chase Sovell, MD
Urology



Ravi Vaela, MD
Pulmonology



See Our Specialty Care Provider Calendar on sibleymedical.org

Clinic Hours

Arlington Clinic: (507) 964-2271

Monday, Wednesday, Friday 9:00 AM - 5:00 PM
Tuesday 9:00 AM - 7:00 PM
Thursday 8:00 AM - 5:00 PM
Saturday 8:30 AM - 11:30 AM

Gaylord Clinic: (507) 237-5523

Monday, Tuesday, Thursday, Friday 9:00 AM - 5:00 PM
Wednesday 9:00 AM - 7:00 PM

Henderson Clinic: (507) 248-3433

Monday 1:30 PM - 7:00 PM
Wednesday 9:00 AM - 12:00 PM
Friday 1:30 PM - 5:00 PM

Winthrop Clinic: (507) 647-5318

Monday 9:00 AM - 5:00 PM
Tuesday 9:00 AM - 7:00 PM
Wednesday, Thursday, Friday 9:00 AM - 5:00 PM

SIBLEY
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Central Appointment Scheduling at 888-9-SIBLEY (974-2539)